



# Euky Bearub

## Special Features

- Natural Eucalyptus chest rub to clear a stuffy nose, soothe the throat and ease a cough
- Very gentle on most sensitive skin
- Breathe easier - sleep better
- Soothes & comforts for effective all night relief
- Suitable for the whole family
- Australian made and owned



*Gentle on most sensitive skin*

A gentle, soothing Australian Eucalyptus chest rub that helps relieve a sore throat, stuffy nose, irritating cough and general aches and pains. Used before sleep, it helps make breathing easier. Although adult strength, it is gentle on most sensitive skin.

## Indications

- Relief of the symptoms of colds
- May reduce the severity of colds
- For the relief of mucous congestion
- Makes it easier to breathe
- For the symptomatic relief of a sore and inflamed throat
- For the relief of muscular aches and pains
- For the relief of insect bites

## Contents

Eucalyptus Oil	6.0%w/w
Eucalyptol	6.0%w/w
Menthol	5.0%w/w
Camphor	4.9%w/w
Rosemary Oil	1.0%w/w

## Application

Euky Bearub is easy to use. Just squeeze the convenient, easy to carry, non-breakable tube. Simple, with no messy pot and no ointment under fingernails.

## Gentle on most Sensitive Skin

Euky Bearub is suitable for young children and all the family. While adult strength, it is gentle on most sensitive skin. It is advisable to patch test first to ensure no reaction. Below the age of 24 months it is recommended that the normal precaution be taken of spreading Euky Bearub onto clothes or pillows in preference to directly onto very young or highly sensitive skin, unless on the advice of a healthcare professional.

## First Sign of Cold

Gently massage Euky Bearub to throat, chest and around the nose to help clear nasal passages and help relieve a sore and inflamed throat. Repeat two or three times a day. Can be applied to throat, chest and back before retiring to help keep nasal passages clear and to ensure breathing is freer and sleep is more restful.

## Coughs and Congestion

To help relieve a stuffy nose, persistent cough and upper respiratory congestion, dissolve 2 teaspoonfuls (8g) of Euky Bearub in a stable bowl of steaming hot water and inhale vapour covering head with a towel. Take care children cannot spill hot water over themselves. This helps remove mucous material from nasal passages and keeps the airways clear. It helps reduce a constant hacking cough and the heat soothes an irritated throat. Alternatively use 2g in a Vapour Inhaler. Repeat as required. For added relief, massage Bearub onto chest, back and throat.

## Muscular Aches and Pains

For the relief of muscular aches and pains of colds, rheumatism, fibrositis and lumbago. Massage into muscles for immediate temporary relief of pain. Extra heat can be generated by keeping treated muscles wrapped in warm clothing or by the application of warm towels. However, care should be taken to avoid skin blistering from excessive heat.

## Insect Bites

For soothing relief to the pain, redness and swelling of insect bites, it is advisable to wash the area in cold running water to remove the toxin from the skin. Gently apply Euky Bearub to the site to obtain relief. Do not rub in. Repeat as necessary.



## Ingredients

### Eucalyptus Oil

A volatile aromatic expectorant with anti-microbial properties. When inhaled, it makes secretions more fluid and relieves congestion of the bronchioles. The anti-bacterial and expectorant action of Eucalyptus oil has been traditionally beneficial in helping relieve the symptoms of respiratory disorders for more than 100 years

### Eucalyptol

The main constituent of medicinal Eucalyptus Oil. It has the action and uses of Eucalyptus oil, but is less irritating to mucous membranes.

### Menthol

Has an analgesic effect and helps relieve the symptoms of bronchitis, sinusitis and similar conditions.

### Camphor

A mild analgesic and expectorant. It is effective and it is universally acceptable at the level used in Euky Bearub

### Rosemary Oil

An aromatic essential oil with proven anti-bacterial activity. It enhances the expectorant effect of Eucalyptus oil

### Special Ointment Base

Ensures the therapeutic vapours are locked in until ready for use. Once applied, a steady and continuous stream of soothing medicinal vapours are released, bringing comfort and relief. Euky Bearub uses a Vaseline base of a pharmaceutical grade. The type of base used is a paraffin soft wax.

## Caution

For external use only. Use only as directed. Consult your doctor if symptoms persist or in the case of very young children. Do not use if foil seal at the mouth of the tube is broken. Keep out of reach of children.

**Presentation:** 50g tubes packaged in a cardboard unit carton.

### Imported by:

**West Malaysia:** Elite Natural Products Sdn. Bhd, Lot 6, Jalan Halba 16/16, Section 16, 40200 Shah Alam, Selangor. Ph: + (603) 55107972

**East Malaysia:** Elite Bond Sdn Bhd, Lot 2 Poly Industrial Centre, Jalan Bundusaan, Penampang, 88300 Kota Kinabalu, Sabah, Malaysia. Ph: +60 8872 5587